

Workshop helps dispel gay myths

by Celeste Pechous

Homophobia and Heterosexism, according to M. Smith, is defined as the irrational fear of homosexuality and the hatred, disgust and prejudice that fear brings. Homophobia, fear which is learned, can also be a fear that is unlearned, according to organizers of a workshop to help people deal with homophobia.

Over 40 students attended the "Unlearned Homophobia" workshop, conducted by students and staff of Clarke College on Feb. 7, in the campus ministry center. The workshop was geared toward helping individuals to have a better understanding of

homosexuality.

As members gathered into the campus ministry, packets were handed out. The informational guide contained a syllabus on what to expect, an in-depth definition of homophobia and examples, a homophobic questionnaire, myths and facts about gays

and lesbians, a list of 15 things you can do to help eliminate homophobia and a letter concerning gay-bashing. S. Kathy Carr, BVM, campus ministry director, opened the workshop by welcoming and introducing Risa Anderson, an adjunct faculty member of philosophy.

Anderson told participants what to expect and then introduced junior James Nurss. Nurss began the workshop by asking people if there was anything that would make students feel more comfortable. After no replies, the first activity started. Nurss divided everyone into three groups and explained the rules.

The first activity was called the "Label game." Leaders of the workshop went around and stuck labels on the students forehead. They then told the students to put their hand over the label so they couldn't see it. Because there were more people than expected, a few had to go

without labels. After the labels were all in place, the groups went around to each other and acted out what their labels said. Various directions were on the labels. Some labels said "Smile at me," while others read "Shake my hand," or "Pat me on the back." A few labels said "Turn away." People went around shaking, smiling, patting and turning away for five minutes. After that, discussion of the game began.

The point of the game was to understand the feelings of the people that had "turn away" on their forehead. Junior Ron Honeyman had a "turn away" label. "I felt bad. I would try to smile at someone or shake their hand and they would just turn away. It was hard because everyone was having fun, but I was blocked out," Honeyman said. After the label activity, the workshop proceeded with another activity headed by senior Stacie Kagan.

The "Game of Life" was an activity that taught about losing important things when you are gay/lesbian. The leaders handed out six cards and told the participants to write six different answers on them. The things to write about were: a name of someone you shared secrets with, your favorite place, your best friend's name, your close friends' names, your most prized possession and your goal in life. After that, Kagan discussed hypothetical situations on how you would tell those people you were gay and how you would feel if you lost them. Following the discussion was a short recess followed by a film.

The video "Reading Between the Labels" was a 30 minute film about gay teenagers and their experiences; such as how their families handled the coming out stage and how their friends dealt with the issue. Also, included in the film were places and phone numbers available for homosexual and bisexual people. A discussion was held after the video.

If you are interested and missed the workshop, you may contact S. Carr for information on possible upcoming workshops.

Community service activities abound for rest of year

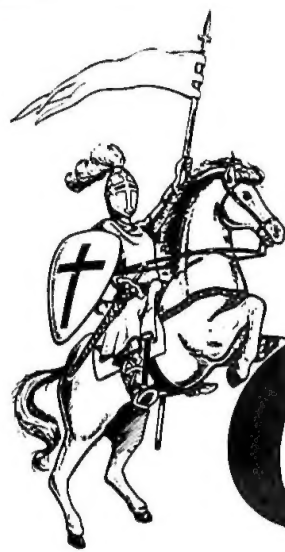
by Barb Tucker

Community service is blossoming as the spring semester begins at Clarke. Many activities and conferences are planned for the following months. S. Pay McNamara, associate director of campus ministry, believes that community service is very important to Clarke, especially during the year of the sesquicentennial. "We want to continue Clarke's 150 years of service to the community and build for the future."

During the weekend of Feb. 5-7, three Clarke students, junior Becky Johll, freshman Colleen McEneaney and freshman Juli Dunne, along with S. McNamara, attended the Midwest Regional Hunger and Homelessness Conference at Rockford College in Rockford, Ill. Through workshops, the conference motivated students, faculty and administrators to make a difference in their community by developing awareness and creating programs to help the hungry and the homeless.

The guest speaker at the conference was Harry "Hooks" Swets. Swets, an ex-Marine, said he is homeless by choice. He believes that he can reach out and help the homeless on the streets of San Francisco better if he, too, is homeless. Swets works for a radio station as its "homeless reporter" to tell of his, and many others' world.

(Continued on page 2)



Clarke Courier

Volume LXIII

Issue 10

Dubuque, Iowa

February 12, 1993

Dollmaker revisits Clarke

by Tara Thames

"Hey! Are you going to that doll workshop Thursday?" These words echoed the hallways and classrooms of Clarke College last week.

Students, faculty, administrators and community members joined together to help celebrate Black History Month with doll maker, Selena Derry of Chicago. They were gathered together to make cultural dolls.

Derry held the workshops in the West Locust Dining Room on Thursday, Feb. 4, at 1:30, 3:30 and 6:30 p.m. Derry supplied the appropriate cloth for the African American dolls and anyone interested in making dolls of other cultures had to provide their own cloth. In realizing that everyone may not have had the opportunity to attend one of the workshops, Derry also had her Global Market set up in the area for potential buyers. The market included a variety of African items, such as earrings, belts, buttons, bracelets, dolls and hats.

"I thought the workshop was very worthwhile and eye-opening to the African culture. It was a good experience and I enjoyed working with Selena," said freshman Tasha Horn. Horn then went on to say that it was a good idea to have Derry come to Clarke because it brought people of different ethnic backgrounds together to help

celebrate Black History Month. Derry was invited to Clarke by the Clarke Student Multicultural Organization (C.S.M.O.) as a part of their planned activities, for Black History Month.

Selena's workshops were split into three hourly increments and during this time Derry taught everyone how to make and dress the cultural dolls. She also played a video which discussed the different materials that can be used for clothing. The video also brought to the viewers' attention that there is more than one God. Blanca Islas, a freshman, said, "I enjoyed the workshop, especially the video that Selena showed. When I was making the dolls, I felt very relaxed. It put me in a good state of mind and if I get the opportunity to attend another one of Selena's workshops, I will definitely go," said Islas.

Derry is originally from Philadelphia, but is now residing on the north side of Chicago. She is a creative artist who specializes in quilting, ethnic doll making and porcelain sculpting. It was through Derry's marriage to an African American that she discovered her lack of knowledge about her culture. "Being married to an African American made me realize that I knew nothing about my culture," said Derry. After discovering this, she started to read and educate herself about her culture. She learned from other Africans how to

barter. She would exchange her craft with others in order to get the things that were needed for survival. Derry believes that you can live by knowing where you come from.

Life for Derry was not always smooth. She had to work very hard to get where she is today. Money was not always at her fingertips so she had to do whatever it took to share her talent with others. Derry cleaned the studio of white women, who were reproduction doll artists, in exchange for techniques she needed to broaden her knowledge of doll making.

Derry has 11 years of experience in teaching ethnic doll making using porcelain, fabric and paper. She was featured twice in Designer Week for Saks Fifth Avenue, Chicago. She conceived and organized a doll fashion show for Neiman-Marcus, Chicago and her dolls were exhibited by the Chicago Historical Society in "A Salute to American Toymakers" exhibit.

There is no doubt Derry is an active individual who takes pride in her work. Besides her other contributions, Derry has founded and directed the Ibeji (a Yoruba word for "twins") Project. The project is a crafters' production co-op that enables women of the organization to market their items. Doing so enables them to improve their economic status, produce ethnic craft items that tell their personal stories and to develop any additional skills in health care, bartering, meal planning, problem solving and most importantly shared learning.

The women that belonged to the co-op were from different backgrounds. There were hispanics, blacks and whites. These women would talk about their backgrounds and through the sharing of experiences and through the sharing of experiences and through the sharing of experiences they would learn from each other. "Due to my busy schedule I didn't get the opportunity to attend one of the cultural workshops, but from the responses that I have heard, it was a great and fun learning experience. I hate that I missed out on an opportunity to learn how to make a cultural doll," said junior Mia Mitchell. "If she ever decides to come again, I will be sure to attend one of the workshops."

Derry said she was honored to be invited to Clarke once again. She was here during the summer of '92. Due to her outstanding performance, she was asked to come back to display her special talent in ethnic doll making.



Artist Selena Derry teaches Clarke students and faculty the art of dollmaking, on Thursday, Feb. 4. (Photo by Don Andresen)

ap Associated
Collegiate
Press

Feature

African music history traced by Dr. Nelson

by Shana Richardson

"Evolution is an unfolding, an opening out, or working out of events. It is a process of development. It is movement that is part of a series or patterns. And it is a pattern produced by a series of movements," said Assistant Professor of music and Teagle Scholar, Angela Nelson, who received her doctorate in American Culture studies from Bowling Green State University in Ohio. Nelson presented her lecture on the evolution of African American music on Friday, Feb. 5 in honor of Black History month.

Nelson began with some definitions that were to be the focus of her lecture. She described African Americans as people of African descent living in the United States and their music as both African American popular and folk, and sacred and secular. She said her focus was on the music of a people who largely reacted to the music of European, or white Americans.

West Africa is where the aesthetics, attitudes, beliefs and conceptualizations of African American music began. Important ideas were their practices vs. aesthetic values, their music as a process vs. product and their music as sacred vs. secular.

Their practices vs. aesthetic values refer to how African Americans make music vs. how they believe in making music, a process rather than a product. For instance, it was important for the African Americans to be spiritually and emotionally involved while in the process of making music. Also, the context of sacred and secular music was the same. Only the words were different. For example, God, Jesus and Moses were referred to in sacred songs

while the word baby was emphasized in secular songs.

Nelson then described the characteristics of African American music. Their skill and motility, or the use of spontaneous action, were important qualities used in the process of making music.

The characteristics of rhythm included a steady beat or pulse, a contrapuntal or polyphonic quality, which means a different set of rhythms would be played together, and syncopation, which means that emphasis is placed between beats rather than on the beats. Percussiveness was important. But because slaves were not allowed to use drums, they clapped their hands, tapped their feet or used other means to create a percussive sound.

A high density of events, another important characteristic, means that several kinds of percussive sound would be played at once, and that the music was busy, active and alive. Timbral differentiation refers to the playing of different instruments together, which have different tonal qualities.

Call and response referred to musical phrases playing in a calling and responding manner. Improvisation, which means to compose and perform simultaneously, was also used. Repetition of sounds also defined African American music.

Collective participation and dance with music were also a vital part of African American music. Collective participation, or joint collaboration, is found in a congregation responding to a minister, through actions such as yelling praises and raising hands. This shows that African Americans

are spiritually moved. Music and dance, which are interconnected, cannot exist independently.

The lecture, a multimedia program included excerpts of African American songs from various eras, in the form of records and videos. Nelson also included slides of African American performers and groups from different eras, and explained each of their styles. Such artist included: Scott Joplin from the ragtime era; Louis Armstrong, from the New Orleans jazz/Chicago era; Thomas Dorsey, who performed traditional gospel; and Ray Charles from the rhythm and blues/soul era.

Nelson covered songs from the following periods: field hollers, seculars/ballads, worksongs and spirituals (before, during and after slavery, 1750-1865); minstrelsy (1840s-1900s); ragtime (1880s and 1890s); blues (1880s and 1900s-1930s); gospel (1930-1969); swing/big band jazz (1930s); bebop (1940s); rhythm blues (1935-1940s); soul (1960); funk (1970s); disco (1970s); rap (hip-hop, 1975-present); contemporary jazz (1980s); urban/contemporary gospel (1981); and house music (1990s).

"LeRoi Jones," now known as Amiri Baraka, was instrumental in the black arts movement in the 1960s. In his book, "Blues People," which was the first book about African American music written by an African American, he said, "The most expressive African American music of any given period will be an exact reflection of what the African American himself is. It will be a portrait of the African American in America at that particular time. What he thinks he is, what he thinks America or the



Angela Nelson, assistant professor of music, shares her knowledge on the stages of African American music. (Photo by Don Andresen)

world to be, given the circumstances, prejudices, and delights of that particular American. African American music and life in America were always the result of a reaction to, and an adaption of, whatever African Americans were given or could secure for themselves."

Carol Spiegel, assistant professor of mathematics, was impressed by the lecture. "I found it interesting to see that throughout the various periods of African American music, the emphasis was still placed on music as a process, as well as on the integration of secular and sacred music. It was fun to hear the musical excerpts from the 50s."

Anne Marzullo, freshman, also enjoyed the lecture. "It was very insightful and interesting to know that although the music spans many generations, certain aspects such as rhythm, patterns and themes remain the same. I enjoyed the examples she used."

Nelson, who has completed a dissertation on rap music, said, "I love African American music, and my ability to share it with the audience reinforced that feeling."

Endometriosis attacks 23% of women

by Anne Dalton

Ever since Endometriosis came to gynecologists' attention over a century ago, it has been a puzzle. This pelvic disease occurs in up to 23 percent of women and can be a leading cause of infertility.

Endometriosis is a condition where particles of tissue from the uterine lining are deposited and grow outside the uterine cavity. These particles eventually find their way to the women's fallopian tubes during menstruation. Once the fragments implant themselves along the uterine wall or pelvic area, problems occur.

Symptoms such as painful menstruation, abnormal bleeding, severe abdominal pain and discomfort may occur. According to

FROM WOMEN TO WOMEN by Lucienne Lanson, approximately 40 percent of women with endometriosis will become infertile.

Michelle Miller, senior, can relate to the intense pain a person can have. One of her close friends has recently been diagnosed with the disease. "It really affects more people than you think. There are myths that it only happens to older women, but it does affect younger women as well."

"I can recall over several years, about two or three girls have been referred to doctors for endometriosis," said Lynn Siebert, Clarke nurse.

In the early stages of the disease, pregnancy is a form of therapy. Initial treatment consist of hormone drugs, which

dissolve the fragments embedded around the pelvic area. Hormone drugs may not cure the disease, but may delay its reaction. Danzol, a new drug, cost about \$160 a month and is the most effective treatment.

As Endometriosis worsens, a cyst may form in the uterine wall. At this stage, surgery is required.

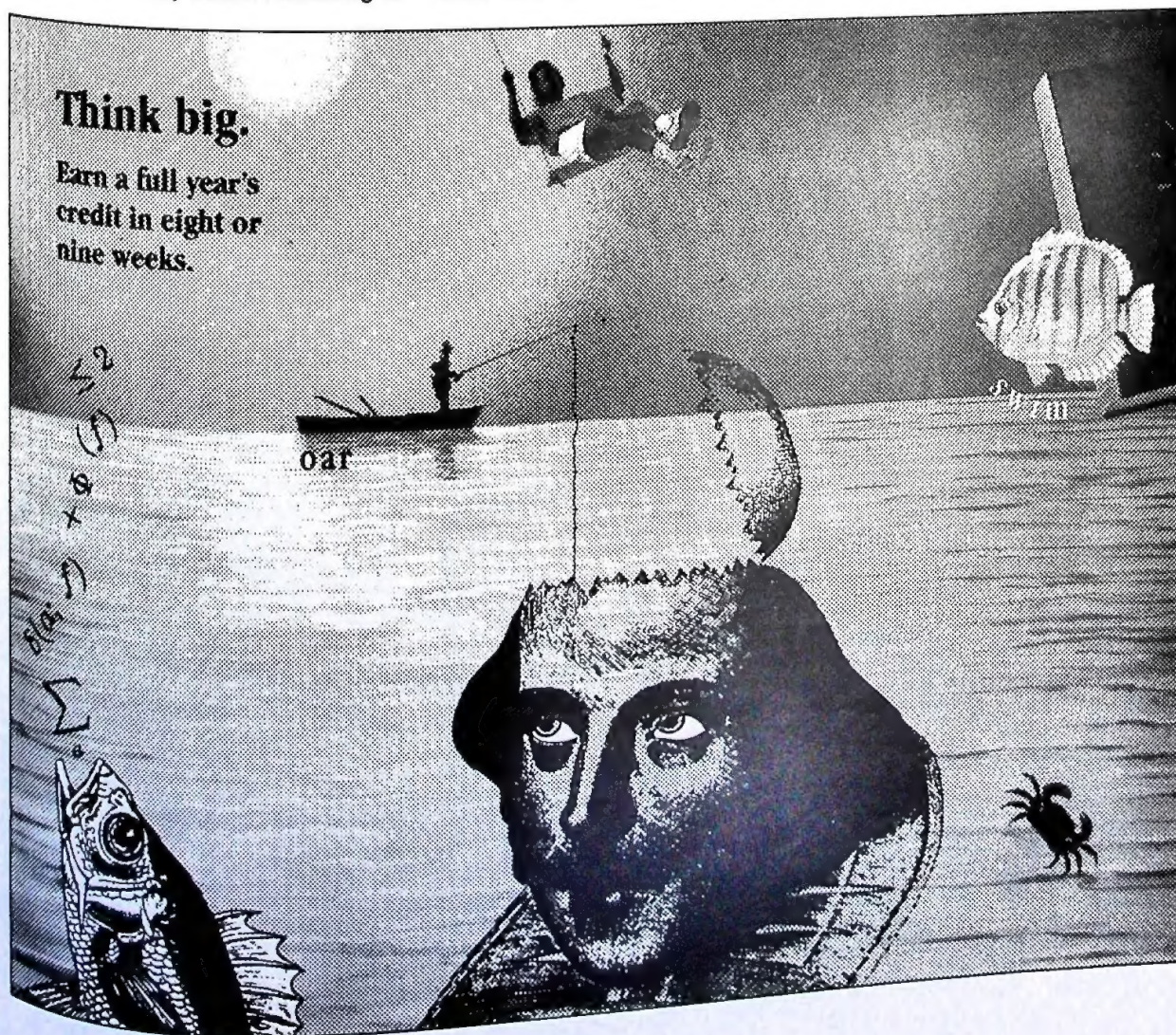
The most traditional surgery is Laparoscopy which removes the deposits left from particles. The second type requires the surgeon to make an abdominal incision and to remove remove any particles that cannot be removed by Laparoscopy.

The most radical surgery is a complete

(Continued on page 4)

Think big.

Earn a full year's credit in eight or nine weeks.



Northwestern University Summer Session '93
Think or swim.

Our intensives in chemistry, physics, and languages draw students from all over the country.

Call 1-800-FINDS NU (in Illinois, call 708/491-4114) or mail this coupon.

I'm thinking. Send me a free copy of the Summer Session '93 catalog with financial aid and registration information (available in March).
Please send the catalog to ☐ my home ☐ my school.
Summer Session '93, 2003 Sheridan Road
Evanston, Illinois 60208-2650

Name _____
School Address _____
City _____ State _____ Zip _____
Home Address _____
City _____ State _____ Zip _____

Northwestern University is an equal opportunity educator and employer.

Sports

Crusaders topple Mt. Mercy 87-73

by Timothy Kemp

The 1992-93 men's basketball season has been a tough one for the Crusaders. The team was winless in its first 19 contests and went into Wednesday's game knowing they had suffered a loss to the Mount Mercy club earlier this season by more than 30 points. Still the team felt that they could break through and win this game because the squad knew that Mount Mercy was not a team that was 30 points better than them.

The Crusaders were able to break through, on the road, and beat the Mustangs 87-73. It was the first win of the season and it removed a big monkey off the backs of the Clark players and coaches. The team ran off to a half-time lead of 42-37. The team has been involved with close half-time scores in many other games this season. In those games, Clarke would let the game slip away in the

second half and end up losing. In the second-half of this game the Crusaders would not be denied.

The guards were able to handle the pressure that Mount Mercy was trying to put on them, and the rest of the team was up to the task as well. With 10 minutes left in the game, the Crusaders had their biggest lead at 11 points. Down the stretch, the team was able to hold on for the 14 point win.

Clarke was led in scoring by junior center, Mark DeVries, with 23 points and seven rebounds. Junior guard Willie Hunt, had 19 points and four assists and was also 5-6 from the foul line to help secure the victory. Sophomore forward David Heisch came off the bench to score 17 points and also pull down seven rebounds. Junior forward Jeff Osterberger, rounded out the Crusaders scoring in double figures with 16 points, pulled down a team high nine re-

bounds and also led Clarke with seven assists. Junior guard Marcus Taggart, led the defensive cause for the Crusaders with a game high of eight steals.

The Crusaders were out rebounded for the game 40-36, but were able to overcome that by shooting 55.7 percent from the field and reaching the charity stripe 10 more times than the Mustangs did. The Crusaders only turned the ball over 16 times in the contest, and turnovers have been the Achilles' heel for the Crusaders this season.

There was a feeling in the team's huddles that made them feel like they were finally going to get that elusive first win. Willie Hunt said, "Just keep playing hard. That's all we need to do is just keep playing hard. Be smart, play hard and this game is ours."

Mark DeVries said that this game was going to come sooner or later and, "We

seem to play better on the road this year. I thought we were better than some of the teams we were playing and glad we were able to finally win one. I hope we continue to play hard the rest of the season. We may not make the playoffs, but we can play the role of spoilers down the stretch."

Although the team went through some mid-season adversity by losing Derrick Booth, Luke Fedio and Ryan Stochl during Christmas break, the team seems to be heading in the right direction now. With the retirement of head coach Ed Colbert, at the seasons end, the Crusaders will be looking to win a few more games for their outgoing coach.

The women's basketball team has gone into a mid-season funk. The team is currently 11-9 and 1-5 in Midwest Classic Conference play. The team has played a string of tough opponents and hopes the February homestand will bring some much needed victories to the squad in their run for the NAIA District 15 Division 1 playoffs. Both teams have home games this month against conference foes Grand View, Viterbo, Teikyo Marycrest and Mount St. Clare, as well as non-conference opponent Iowa Wesleyan.

...Sneak Preview

higher level classes and will dine with a variety of "campus influentials" aside from the faculty they've dined with. Among these "influentials" will be Sr. Kathy Carr, BVM, campus ministry director, Nevins, James Petty, vice president of student affairs and President Catherine Dunn. The goal is to give the applicants an in-depth look at Clarke.

On Monday morning, the non-applicant visitors will receive a tour of the campus. Applicants will be able to meet with admission representatives and one or two Clarke students, so they can ask any questions concerning Clarke or on campus life.

The Sneak Preview weekend was organized this year by admissions representative Brad Florence and student coordinator Todd Wessels. The two have been working with and receiving the needed support from C.A.S.T. and office staff.

The main purpose of the weekend is to provide potential students with a look at Clarke. "Clarke students are always so friendly," said Ames. "The welcome Clarke always gives visitors to campus is great and appreciated because it's real." This weekend will be no exception as Clarke welcomes its visitors. According to Ames, "Visitors always comment on the friendliness of Clarke and that says something really positive about our students."

...Endometriosis

hysterectomy. In either case, endometriosis may reoccur.

"It's smart to have yourself checked if you have any of these symptoms. It's scary that a woman would have to undergo any of these surgeries because of ignorance," said junior Celeste Pechous.

Endometriosis is not just a physical dilemma, but a mental one as well. Women still have to live with the disease and prevent it from reoccurring.

According to the Endometriosis association of Dubuque, women should accept the fact that they may live with this disease forever. Women should discuss their feelings and realize that they are not alone. Exercise also helps to relieve pain and keeps patients' minds at ease. In addition, a heating pad, massages or relaxation techniques may take some pain away.

"Women who have the disease help each other through support groups such as the association, where they share informa-

tion and their experiences," said Mariam Shihata, a hairdresser who began the Dubuque chapter.

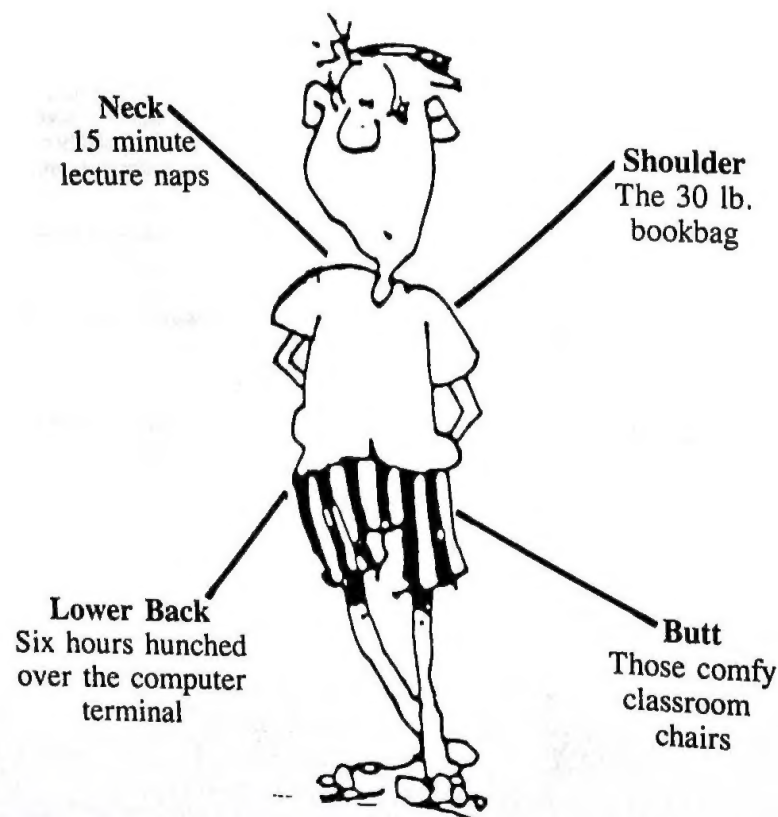
This national association helps affected women and their families by informing, educating and assisting them. The Dubuque chapter meets the first Monday of every other month from 7-9 p.m. at Wavelengths, 116 w. 13 th St.

"A lot can be learned about this disease from women who have it. The medical profession can also learn how to help them deal with the disease by getting coping tips from Endometriosis sufferers," Shihata said.

Shihata will be at Clarke College, Mary Frances lobby, on Feb. 22 at 7 p.m. She will further discuss this puzzling disease and how to cope with it.

Note: Material for this article came from: WOMEN TO WOMEN, Lucienne Lanson THE COMPLETE GUIDE TO WOMEN'S HEALTH, Bruce Shephard.

COLLEGE IS A PAIN IN THE...



UNIVERSITY CHIROPRACTIC

We offer a FREE consultation to all students, faculty and staff specializing in individualized care, physiotherapy and emphasizing soft tissue and deep muscle work.

We are conveniently located at 2617 University Avenue
Call now for your appointment. 588-8050

Help Wanted!

Homeworkers needed to process mail for company. We pay 80 cents per envelope processed! No experience necessary. Details? SASE: **RDF Services**, Box 232, Flat River, MO. 63601

Uncle Ike's Music



- Guitars & Drums
- Amps • P.A. Systems
- Service & Delivery
- Lessons • Lighting
- Recording Equip.
- Rent or Lease

Gibson - Peavey - Marshall - Tama
Sonic - Ibanez - Martin - Taylor
Tascam - Takamine

1487 Central, Dubuque
319/556-6052

Open 10 a.m. daily • closed Sunday
Visa-MasterCard-Discover

Your health and your life . . .
. . . they're YOUR responsibility!

The trained personnel at our Family Planning Clinic can help you exercise that responsibility.



Hillcrest
Family
Services

Call
583-7357

2005 Asbury Road, Dubuque, IA 52001

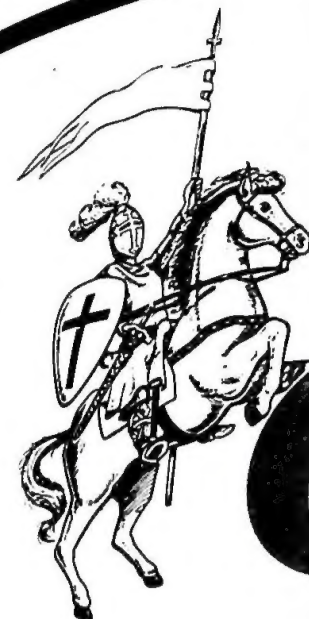
CAMP STAFF

Resident Camp Staff is accepting applications for the following positions, season June 13 - August 11, 1993:

Counselors, lifeguards, swim or canoe instructors, equestrian instructors, Assistant Camp Director, Leadership Director, Crafts Director, Head Cook, Health Supervisor.
For an application contact: Little Cloud Girl Scout Council, Program Services Director, P.O. Box 26, Dubuque, IA 52004-0026 or 319-583-9169.

clark

by Barb Tucker
Clarke College is celebrating its
anniversary with a special symposium
Wednesday, March 24, in Te
Donaghoe Hall. Entitled "Paradig
the future," the symposium will con
four speakers who will offer their vie
the years ahead. Classes have
cancelled for the day so student
attend.
Starting with a welcome and intro
at 10 a.m., "Paradigms for the Futur
conclude at 9 p.m. with a reception
Wahlert Atrium. The four speakers w



Volume LXIII

Festival

by Anne Dalton

Birthday parties are not just for anymore. Clarke celebrated its 150th birthday by hosting an all-day international festival of fun on Feb. 12.

Tasting booths, set up in the Atrium, offered treats from many nations. A booth, filled with delicate pastries, everyone's stomach. A Rt. 66 Trailer, ran by juniors Chris Kolker and Howard, offered a fast meal while of Tokyo slowly cooked sushi. Other set up were: The Berlin Wall, Past ChaChaCha, The Leprechaun, Mississippi Watering Hole. "I joyed all of the food. It was like a sion of the Taste of Chicago," said Sami Pierson.

The 1550 Chorus, and Jeff director, opened the festival with of songs by sophomores Jon Se Heather Hutchcroft; junior Sean seniors Angel Doolittle and Debo Kerrigan followed the chorus. Ke hibited her special talent by p piano and tap dancing simul Sophomore Beth Morraele, ju Beauvais and senior Chantal M ski and Brian Marceau, assista of publications, played the gui surprised that S. Alice had suc talent. She's ready for Hollyw junior Celeste Pechous.

A historical slide show by sen and Lisa Hogan presented "T Founders of Clarke College." E and junior Jon Kolker disc founders' journey to Dubuque construction and maintenanc buildings, men's admittance a of the fire. "I was impressed w pecially interesting gathered. became part of the Clarke p said junior Jane Meyers.

S. Therese Mackin, BVM, Lo Sheila Sullivan and Judy Biggi Clarke's history with a "Remen panel discussion. "I was th until I became pregnant with B Biggin laughed.

que responded to the fire at Mart and Target offered \$75 gi for nuns who lost everything.